

**Kick Start
the Summer with
Compassionate Voices**

**CHESTERFIELD FOOTBALL CLUB
MONDAY 15TH JULY
11:00AM - 3:00PM**

Find out more about our services
and highly recommended
journalling workshops
for women and girls.



THE POWER OF YOU

Never underestimate the things that you can do

The Power of YOU online workshops offer women a chance to look at a lifestyle change, an increase in self confidence and an opportunity to be part of a supportive growing community.

HUB AT GLADSTONE, CLAY CROSS – THURS 13TH & 20TH JUNE – 10:00AM – 2:00PM

CHESTERFIELD FIRE SERVICE (COMMUNITY ROOM) – SUN 16TH & 23RD JUNE – 10:00AM – 2:00PM

COAL ASTON VILLAGE HALL – SAT 22ND & 29TH JUNE – 10:00AM – 2:00PM

SHIREBROOK LEISURE CENTRE – THURS 4TH & 11TH JULY – 10:00AM – 2:00PM

CHESTERFIELD FOOTBALL CLUB – KICK START SUMMER – MON 15TH JULY – 11:00AM – 3:00PM

ALFRETON FIRE SERVICE (COMMUNITY ROOM) – SAT 20TH & 27TH JULY – 10:00AM – 2:00PM

GRASSMOOR COMMUNITY CENTRE – SAT 7TH & 14TH SEPTEMBER – 10:00AM – 2:00PM

CHESTERFIELD FOOTBALL CLUB – MON 9TH & 16TH SEPTEMBER – 10:00AM – 2:00PM

DRONFIELD HALL BARN – WED 18TH & 25TH SEPTEMBER – 10:00AM – 2:00PM

STAVELEY FIRE SERVICE (COMMUNITY ROOM) – SAT 21ST & 28TH SEPTEMBER – 10:00AM – 2:00PM

HILLSTOWN VILLAGE HALL – SAT 5TH & 12TH OCTOBER – 10:00AM – 2:00PM

Includes an interactive journal and refreshments.

For further information and to book your place please follow the link
www.eventbrite.com/cc/the-power-of-you-womens-empowerment-workshops-1970189
or scan the QR code below. Email: info@acompassionatevoice.co.uk,
or call **07894 101995**

