



| Term | Cycle 1 | | | |
|----------|---|---|---|--|
| | Y1/2 | Y2/3 | Y4/5 | Y5/6 |
| Autumn 1 | Basic invasion games | Netball - skills | Netball - mini games | Netball - games and advanced tactics |
| | Sports hall athletics - developing sprinting | Sports hall athletics - running events | Sports hall athletics - jumping, throwing events | Sports hall athletics - compete |
| Autumn 2 | Bat and ball - skills | Badminton - skills | Badminton - mini games | Badminton - games |
| Spring 1 | Dance | Dance | Dance | Dance |
| | Throwing and catching - big balls | Dodgeball - skills | Dodgeball - mini games | Dodgeball - games and advanced tactics |



| Spring 2 | Gymnastics | Gymnastics | Gymnastics | Gymnastics |
|----------|--|--|----------------------------------|--|
| Summer 1 | Invasion tag games | Tag rugby - skills | Tag rugby - mini games | Tag rugby - games and advanced tactics |
| | Orienteering - riddle and picture clues | Orienteering - Small scale maps/trim trail/playgrounds | Orienteering - School maps | Orienteering - School maps |
| Summer 2 | Throwing and catching - small balls | Cricket - skills | Cricket - games | Cricket - games and advanced tactics |
| | Outdoor athletics - varying running distances | Outdoor athletics - track | Outdoor athletics - field | Outdoor athletics - compete |



| Term | Cycle 2 | | | |
|----------|---|---|---|---|
| | Y1/2 | Y2/3 | Y4/5 | Y5/6 |
| Autumn 1 | Hockey skills - mini plastic sticks and pucks | Hockey skills - plastic sticks and aero balls | Hockey games - plastic/wooden sticks and floor hockey balls | Hockey games - wooden sticks and hockey balls |
| | Sports hall athletics - developing sprinting, jumping and throwing | Sports hall athletics - running events | Sports hall athletics - jumping, throwing events | Sports hall athletics - compete |
| Autumn 2 | Bat and ball - skills | Tennis - skills | Tennis - mini games | Tennis - games |
| Spring 1 | Dance | Dance | Dance | Dance |
| | Throwing and catching - big balls | Handball - skills | Handball - mini games | Handball - games and advanced tactics |



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|----------|--|--|----------------------------------|---------------------------------------|
| Spring 2 | Gymnastics | Gymnastics | Gymnastics | Gymnastics |
| Summer 1 | Basic net games | Volleyball - tactics | Volleyball - mini games | Volleyball games and advanced tactics |
| | Orienteering - riddle and picture clues | Orienteering - Small scale maps/trim trail/playgrounds | Orienteering - School maps | Orienteering - School maps |
| Summer 2 | Throwing and catching - small balls | Rounders - skills | Rounders - games | Rounders - games and advanced tactics |
| | Outdoor athletics - varying running distances | Outdoor athletics - track | Outdoor athletics - field | Outdoor athletics - compete |