



PE POLICY

**21st January 2019
F58-18/19**

PHYSICAL EDUCATION POLICY FOR BRAMLEY VALE PRIMARY SCHOOL

The Intentions of the Policy

This policy is intended to be read by teachers, staff, parents and governors of the school; also by LEA advisers, inspectors, support staff and any staff from other schools with whom we may develop links.

Rationale

Physical Education makes a vital and unique contribution to each child's physical development, health and well-being. The physical education provided at Bramley Vale Primary School gives every child opportunities to increase their self-confidence and develop social skills.

By providing a balance of individual and team, co-operative and competitive activities, it is intended to meet the needs of individual children.

Learning situations are stimulating, enjoyable and challenging, based on progressive learning and varied teaching styles.

Every opportunity is taken to promote an understanding of the benefit of a healthy and active lifestyle.

Opportunities are given to compete in sport and other activities, to build character and embed values such as fairness and respect.

Aims

We aim to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

Organisation and Management

Use of all equipment will be carefully monitored and supervised indoors and outside. A range of appropriate equipment will be available for all lessons. Children will learn about being responsible for equipment.

Nursery will be allocated 1 hour session of hall time per week. R/Y1/2/5/6 will be allocated 2 x 1 hour sessions of hall time per week. Year 3/4 only have 1 hall slot but also have 1 allocated swimming session a week.

Activities for KS2

Each class will complete Dance, Gymnastics, Games, Outdoor and adventurous and Athletic activities during the year.

Additionally there will be a swimming session provided along with opportunities to undertake residential visits to explore outdoor and adventurous activities.

Activities for KS1

Each class will:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and apply these in a range of activities
- Participate in team games
- Perform dances using simple movement patterns

Additionally there will be opportunities to attend visits which will include outdoor/adventurous activities.

Equal Opportunities

The core tasks provide a focus and context for the unit. They are pitched at an appropriate level for the majority of children but adaptations are provided to make the task easier or harder.

A range of teaching and learning opportunities are included in each unit and these will be utilised or adapted by the teacher to ensure that all pupils are able to progress at their own level. These may include:

- Tasks set by the teacher-directed learning, including demonstration and observation.
- Practice and repetition.
- Different strategies for grouping children.
- Open-ended tasks.
- Partner work and small group work.
- Pupils creating and inventing own tasks, games, practices.
- Problem solving tasks.
- Pupils teaching each other - could use task cards.
- Observation and discussion of lesson review.
- Tasks/equipment should consider differentiated needs of individuals and small groups.
- Pupil activities, roles and responsibilities, time allocation and variation of pace will alter to meet the needs of individuals.
- Use of video (ipads) to reflect on skills and make adaptations

Assessment, Recording and Evaluation

Watching children work, talking to them about what they are doing and listening to them describing their work will generate useful assessment information.

Assessment of children's attainment is a continuous process and criteria for assessing their work in physical education will include:-

- Accuracy
- Efficiency
- Adaptability
- Ability to perform a sequence/complex arrangement of movement
- Teamwork
- Agility
- Stamina to sustain participation
- Imaginative performance

In each PE lesson, children will be provided with differentiated success statements. These statements will allow children to understand what they are trying to achieve in a lesson and will provide motivation to develop their skills to the highest standard possible.

The teacher will determine the description that best fits a child's work in PE using ongoing formative assessment. These assessments will be used as a basis for reporting to parents. The teacher will record assessment levels for each child using Target Tracker.

Links with other Areas of the Curriculum

Wherever possible links will be made.

Children will have opportunities to develop language skills through:

- Working with others to plan and evaluate work. They will talk about and discuss options open to them e.g. what movements to use in a dance or gymnastic phrase.
- Use correct terminology to pass information to others.

Children will have opportunities to develop PSHE and citizenship through:

- Working with others, listening to their ideas and treating them with respect.
- Co-operation and collaborating with others, in teams and groups, to achieve a goal together
- Developing an understanding of fair play and fairness through knowing and applying rules and conventions.
- Developing a respect for and positive attitudes towards the environment and their own health, safety and wellbeing.

- Learning to recognise and value physical differences, abilities and aptitudes, and to find ways of accepting and including all.

Children will have opportunities to develop the following thinking skills:

- *Reasoning skills* – to explain what is required, why something is effective or how and why their body is affected by exercise
- *Enquiry skills* - exploring possibilities and trying out ideas, skills and different rules and approaches.
- *Creating-thinking skills* - through composing and creating dance and sequences of movement; by making up and adopting rules, by devising practices and by devising competitions.
- *Evaluation skills* - through evaluating information, judging the value of what they read, hear or do, by developing criteria for judging the value of their own and others' work or ideas and by developing increasing confidence in their judgements.

Other curriculum areas will be integrated where appropriate e.g. outdoor and adventurous activities could be easily adapted to include maths trails or local study projects in history or geography.

Health and Safety

Children will be expected to have a change of clothing for Physical Education. This includes: white shirt, blue/black shorts and pumps and tracksuit/leggings as appropriate for cold weather or cultural reasons. PE kit should not contain logos (other than the Bramley Vale logo). Jewellery should not be worn and long hair will be tied back. Children will learn about safety in the variety of environments that they will work in e.g. hall, outside, local environment etc.

Extra-Curricular Activities

Extra-curricular activities will be on offer every lunchtime for key stage 1 and 2 pupils. A group of trained Y6 sports leaders are responsible for running a wide range of sporting activities. The sports leaders (directed by the PE co-ordinator) are responsible for:

- Creating skill based activities for key stage 1 pupils
- Organising equipment
- Keeping registers of participation
- Keeping records of results/scores/achievement
- Officiating
- Rewarding children for efforts and skill.
- Encouraging participation

Different sports are focused on each half term and an inter school competition is held for key stage 2 pupils.

After school, Premier Sports run two after school clubs per week (one for KS1 and one for KS2), the focus of these clubs change on a half termly basis. Chesterfield FC also run a club on a Tuesday evening for the whole school with a multi-sports focus.

The Role of the Co-ordinator

- To take the lead in policy development.
- To support colleagues in planning, implementing and assessing pupil progress in PE.
- To take responsibility for the organisation and maintenance of resources.
- To ensure continuity and progression throughout the school by regular monitoring and evaluation.
- To keep abreast of developments in PE and disseminate information to colleagues.
- To ensure that lunch time and after school clubs run efficiently.
- To ensure that children have opportunities to take part in inter and intra school sports competitions.
- To lead the sports crew meetings.

Policy Review

This policy is to be reviewed November 2020.