

Bramley Vale Primary School

PSHE

Personal, Social, Health Education

22nd May 2019

R100-16/17

Vision Statement:

To create an excellent and challenging learning environment for the future through the promotion of creativity, high aspirations and perseverance.

To create a supportive, caring atmosphere of mutual respect, extending to the wider community.

Aims:

Safe – To provide a safe, secure environment, with equality for all.

Healthy – To promote healthy hearts and minds.

Achieve – To provide an enjoyable education where children achieve and meet their full potential.

Responsibility – To instil responsibility for themselves, others and the wider world.

Enterprising – To develop learners who understand their future well-being and aspire to be the best they can be.

Diversity – To develop learners who accept, embrace and celebrate diversity in our ever-changing environment.

Our school mission statement reflects what we hope to achieve in PSHE education. We want our children to develop self-awareness, positive self-esteem and confidence, enabling them to,

- stay as healthy as possible
- keep themselves and others safe
- have worthwhile and fulfilling relationships
- respect the differences between people
- develop independence and responsibility
- play an active role as members of a democratic society
- make the most of their own abilities and those of others
- behave in a socially and morally acceptable way including towards authority and each other
- to become involved in the life of their community
- to know about democracy and how to be an active citizens
- to know about economic wellbeing

We want our children to: -

- value the achievements they make, and the achievements of others

- make informed choices about dealing with risks and meeting challenges now and in the future.
- decide on values by which they want to live their lives.

Our school curriculum and ethos promotes spiritual, moral, social and cultural development and prepares all pupils for the opportunities and responsibilities within their lives.

Requirements

This policy has been written to ensure we are meeting the requirements of National Curriculum 2014, which includes a non-statutory requirement for Personal, Social, Health and Economic (PSHE) education in KS1 and KS2. Years 1-6 will follow the PSHE Matters planning which is on a two year rolling programme to ensure that all children have an opportunity to achieve all objectives. PSHE lessons should take place every Thursday from 12:55pm until 1:25pm. If individual PSHE based issues arise in class, teachers should deal with this accordingly through the use of social stories, circle times, interventions or other means that are deemed to be appropriate.

Curriculum 2014 recommends that schools use PSHE

“to equip pupils with a sound understanding of risk and with the knowledge and skills necessary to make safe and informed decisions.”

*“should make provision for personal, social, health and economic education (**PSHE**), drawing on good practice’.*

At Bramley Vale Primary School, this is core to our vision and aims and at the heart of our ethos and built in within the curriculum we believe our children need.

This policy links closely with school policies on:

- Personal Safety
- Drugs Education
- Sex and Relationships Education
- Science
- SMSC
- Collective Worship
- Behaviour
- Bullying
- Equal Opportunities
- Confidentiality Policy
- Wellbeing
- Mental Health

What is PSHE Education and why is it important?

‘PSHE (Personal, Social and Health Education) is a planned, developmental programme of learning designed to help learners develop the knowledge, understanding and skills they need to manage their lives, now and in the future. PSHE education deals with real life

issues which affect children and young people, their families and their communities. It engages with the social and economic realities of their lives, their experiences, and attitudes. The benefits of PSHE education are universal, supporting all children and young people to achieve their fullest potential.'

What is PSHE Matters.?

PSHE Matters is a teaching programme, with a spiral curriculum, which can help the children in their personal, social and emotional development. The overview of topics run on a two year programme as follows:

Year 1

Module			
Being Healthy	Year 1/2	Year 3/4	Year 5/6
Relationships	Year 1/2	Year 3/4	Year 5/6
Exploring Emotions	Year 1/2	Year 3/4	Year 5/6
Difference and Diversity	Year 1/2	Year 3/4	Year 5/6
Being Responsible	Year 1/2	Year 3/4	Year 5/6
Bullying Matters	Year 1/2	Year 3/4	Year 5/6

Year 2

Module			
Drug Education	Year 1/2	Year 3/4	Year 5/6
Growing Up	Year 1/2	Year 3/4	Year 5/6
Changes	Year 1/2	Year 3/4	Year 5/6
Being Me	Year 1/2	Year 3/4	Year 5/6
Money Matters	Year 1/2	Year 3/4	Year 5/6
Being Safe	Year 1/2	Year 3/4	Year 5/6

A topic linked to Anti-bullying week is also taught through assembly and classroom based learning.

PSHE Matters will help children to develop self-awareness, motivation, social skills and managing their feelings. These skills will help our children to become better learners, get on better with other people and be responsible citizens. They are part of every area of life. It has a clear focus on promoting wellbeing which is echoed throughout school.

Our ethos and PSHE education curriculum ensures children learn how to be Healthy, Stay Safe, Enjoy and Achieve, Make a Positive Contribution, and Achieve Economic Well-being.

Curriculum content

Our programme for PSHE education encompasses The Learning Challenge Curriculum for PSHE education (Focus Education 2012), SEAL materials and ASK about Life resources, for each year group with planning that can be adapted to meet the needs of individuals. Aspects of PSHE education will also be covered within other subject teaching and in special days, weeks and events.

In the Foundation Stage, Personal, Social and Emotional Development is at the heart of teaching and learning experiences. The children experience a range of activities that help them to develop holistically.

As well as lesson time, PSHE education is also covered during special House events, trips, by having visitors and through our approach, ethos and vision at Bramley Vale.

Delivery of Curriculum

A range of teaching strategies will be used as appropriate. These will include:

Circle time, use of puppets, role-play, discussion – assemblies, whole class, small group, 1:1, visitors e.g. PC, Fire Brigade, School Health Advisor etc., stories e.g. exploring behaviour of characters, creative activities, and pupil initiated activities.

Teaching

We teach PSHE education in the Foundation Stage as an integral part of the project work covered during the year. We relate the PSHE education aspects of the children's work to the areas of learning set out in the Foundation Stage guidance to develop a child's personal, emotional and social development.

There are weekly timetabled PSHE education lessons in KS1 and KS2, and specific events and activities that we acknowledge, as well as through other subjects. There will also be opportunities during collective worship e.g. stories and discussion and/or celebration Assembly. The whole school ethos promotes our work in PSHE education, as set out in our Mission Statement and home-school agreement.

Teachers will choose the method most appropriate for their whole class to meet the objectives of the lesson. The PSHE education curriculum is linked with the maintenance of our National Healthy Schools status and the Healthy Schools Community Award.

The elected school parliament and Buddy group is actively involved in promoting PSHE education issues.

Cross Curricular links

Links are made with PSHE education in other curriculum areas as appropriate e.g. R.E., P.E., science, geography and in project planning. Whole school events such as the summer fayre, charity events, school performances. Specialist sessions, such as Forest Schools, are provided for our children too by a trained Level 3 qualified member of staff.

School trips and residential trips (key stage 2) are provided to focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operation skills. The school parliament representatives from each class meet regularly to discuss school matters.

Assessment

Children's understanding, knowledge and skills are assessed through observation, discussion and questioning and participation in groups. Assessment in PSHE education at Bramley Vale does not imply that children are failing as people. It is not a judgement on the worth, personality or value of an individual child or their family. This is particularly important in working with children from diverse backgrounds or who have emotional and behavioural difficulties. A record of children's progress is kept to provide evidence for reports to parents that include their child's awareness of topical events, exercise of responsibility and contribution to the life of the school. Any concerns or disclosures will be noted on MyConcern and dealt with appropriately.

In PSHE education there are three broad areas for assessment:

- Developing confidence & responsibility & making the most of their abilities
- Developing a healthy, safer lifestyle
- Developing good relationships & respecting the differences between people

Clearly defined learning outcomes based on the Learning Challenge Curriculum for PSHE education (Focus Education 2012) assist the assessment process.

Children will be rewarded in line with school policy e.g. tokens for good behaviour and effort (for a weekly house trophy), stickers and certificates in Celebration Assembly, super students awards and praise. Comments about PSHE education will be included in annual reports to parents, and children will be given the opportunity to respond with their own comments about their achievements.

Monitoring and Evaluation

Planning will be monitored by the PSHE education co-ordinator on a termly basis and copies of the monitoring sheets will be kept in the PSHE education folder.

Foundation Stage pupils will be assessed on entry through a baseline assessment and throughout their personal learning journey. A child's progression and attainment can be viewed in their Foundation Stage profiles. Parents will be informed of their progress regularly following Nursery and Reception sessions.

The governors on the Learning and Teaching committee are responsible for PSHE education, and Ruth Heath has responsibility for safeguarding and pupil welfare. The PSHE education team work closely to ensure that our aims are being met. The coordinator has an action plan and the School has the School Improvement Plan (SIP) has a strong focus on wellbeing for staff and pupils.

When budget allows, staff will attend courses etc... to keep up-to-date with developments. It is the role of the co-ordinator, supported by the Head Teacher, to make courses and training known to staff. The PSHE education lead will pass on to staff any further information as it becomes available and will attend any future training courses for this subject, disseminating information as appropriate. Staff will be informed of government changes when appropriate.

Equal Opportunities

Provision for PSHE education is in line with all of our policies and Every Child Matters guidance. All children have equal access to the PSHE education curriculum and developmentally appropriate materials. Delivery will be differentiated appropriately using a variety of methods to suit the needs of all learners. Resources etc. are sensitive to the needs and backgrounds of the children and will not reflect gender or cultural stereotypes, and are monitored annually to ensure that sensitivity. PSHE education sessions are created to be inclusive and meaningful to the learners at Bramley Vale Primary School.

Parental and Community Involvement

Parents/carers are invited to join in events in school, including House Days, special learning events, celebrations, Friends of Bramley Vale Primary School committee and through sponsorship of work within School. Parents/carers are regularly informed of events and developments on the weekly newsletter, via the School text system and termly learning letters from the class teacher.

Working with parents/carers is a vital part of the whole school approach to PSHE education. Aspects of it are included in our home – school agreement.

We also work closely with the local church, and have strong links with the vicar. We involve outside agencies e.g. School Health Advisors, School Police liaison officer, dental health advisors etc. as much as possible to deliver aspects of the curriculum (see visitor policy). These are highlighted in our scheme of work for PSHE education.

Role of PSHE Education Co-ordinator

The Co-ordinator will:

- raise awareness amongst all staff of their contribution to the pupils' personal and social development and agree the overall aims, objectives and priorities
- establish a shared view of best practice to which all pupils are entitled
- lead policy development
- agree the main priorities for the pupils' personal and social development and identify the major opportunities for meeting these priorities across the curriculum
- provide appropriate support and training for staff
- monitor and evaluate the programme, including the use of outside agencies, and pupils' responses to the programme
- carry out a continuous process of review and development of the programme as part of the annual cycle of school improvement
- attend relevant LEA courses and network meetings
- order and monitor resources.

Date Implemented

Subject Co-ordinator - Laura Conway

Responsible Governor